How fast can **YOU** run

100 BILLION NANOMETERS???

Upload a picture or video of yourself running #100BillionNanometers for National Nanotechnology Day and let us know at NND@nnco.nano.gov.

(There are 1 billion nanometers [1,000,000,000 nm] in 1 meter, so 100 billion nanometers = 100 meters)

#NationalNanoDay is October 9!

National Nanotechnology Day features community-led events and activities to raise awareness of nanotechnology.

If a sphere 1 nm across were as big as a softball, a softball would be as big as the Earth!

What’s the big deal about something so small?

Cool things happen at the nanoscale, resulting in new materials and devices with amazing properties that are already changing our way of life.

Want to learn more?

Go to nano.gov/nationalnanotechnologyday